

## **MRI ABDOMEN**

*Without contrast 25-35 minute scan time*

*With and without contrast 35-45 minute scan time*

*Weight Limit 350 pounds*

### **Without Contrast**

- **DO NOT** eat or drink anything except water 8 hours prior to study.
- Any jewelry will be removed. (Excluding rings)
- You may take your prescribed medication(s).
- Please wear clothing that is comfortable & metal free (i.e., metal free bra, t-shirt, shorts or sweat pants) if you have to change into patient scrubs there is a changing room with keyed lockers for your belongings.
- **Patients with the following should NOT have an MRI:**
  - **Pacemakers**
  - **Difibulators**
  - **Certain aneurysm clips**
  - **Certain neurostimulators**
  - **Certain implants that are not MRI safe.**
- As a general rule please be sure to inform your technologist of any prior surgeries before your exam.
- While an MRI scan has no known side effects, it is not recommended for pregnant women unless it is medically indicated.
- You'll need to remove all metal objects for safety reasons and because they cause artifacts to appear on the MRI image.
- **If you are claustrophobic inform the scheduler when the appointment is made. At the time of the exam you will need to bring someone with you that can drive you home.**

### **With Contrast**

- After your exam drink at least 32oz of water to flush the contrast out of your system.
- For a simple IV start, allow 5-10 minutes.
- For a difficult IV start, allow 10-30 minutes. \*If you are a difficult IV start please tell the person that schedules your exam.
- Drinking water prior to your exam can help with starting your IV.
- If you are breastfeeding and have contrast as part of your exam, please suspend nursing for 24 hours after the exam.